

Moonlight Rules and Guidelines 2026

- Your chosen route:
 - You must stay on public rights of way.
 - Be courteous to farmers and land owners.
 - Please stay out of cattle fields and away from all animals.
 - Close gates behind you if you open them and do not climb fences or walls.
 - Follow the [Countryside Code](#) at all times.
 - Walking along main roads is not allowed, only short sections to facilitate crossing or swapping footpaths is allowed. You can be caught on all main roads.
 - Please face oncoming traffic and walk in single file while on roads.
 - At night shine a torch at the ground at the front and back of your group on roads.
 - Under no circumstances walk within the boundary of a motorway or train track.
 - Do not wade through rivers, canals or other waterways.
 - Cross at official crossings on railways and canals and motorways/dual carriageways
 - Take care if you are being chased on the canal and undo your rucksack waist belt while walking near watercourses.
 - Runners are not allowed to use transport of any kind during the event. Railway Stations will be monitored at train departure times and train arrival times.
 - Teams must be self-sufficient for the event.
- Looking after your team:
 - Your safety is paramount, stay warm and dry. The key to staying warm is staying dry.
 - **Please read the symptoms of hypothermia which will be in your packs, that check list will be very important today.**
 - If your team is particularly cold then find shelter from wind/rain, remove wet clothing, put on all spare clothes and call the emergency number. We will get to you as soon as we can (Especially if you are late to the finish).
 - Brief your team members not to run into danger (roads etc) to avoid being caught.
 - You **MUST** stay together as a team. It doesn't matter how much you fall out with your other team members, you must remain together at all times.
- Retiring/losing a life
 - If you retire, phone the emergency number or flag down a catcher, a life must be taken off the team before they carry on. If you retire, you will lose 1 life no matter how many in the team retire.
 - If you give up with a catching team then the life goes to that catching team, if the team has phoned first, then the life goes to the management team. The catching team can phone to confirm that you have already phoned us. That catching team

must stay with the drop out team until a marshal vehicle or the Safety vehicle arrive. Or unless the catching team transports them to the Safety bus.

- You **MUST** contact us before you go home. If you go home and do not tell us, we will report you to the police as a missing person. (This is a very serious matter!)
- You cannot be caught until 13:00.
- You cannot be caught for 30mins by any catcher and for 1 hour by the same catching team.

- The finish:

- Be careful when you are crossing roads at the finish – there will be marshals about.
- Catching stops at **8.40pm**.
- There is a 20 min window which will be signalled by a rocket at the start and end.
- There is no rush into the finish! The position in the funnel is the last criteria for us to find the winning team. You just have to arrive within the window with the least number of lives lost.
- You can be caught if you arrive at the finish early and have not been caught within 30 minutes.
- Do not hide in the gardens surrounding the Finish.
- Do not climb over fences at the finish. You will be disqualified if caught.
- Be very careful of cars moving at the finish.
- The whole team must go into the funnel. Get your life card ready. Please collect all 7 armbands from your team to hand to the safety officer so we know you are in and collect your £5 note. If any armbands are lost, you cannot claim your fiver.
- You have to be in the Funnel **before 9pm**. (NOT JUST IN THE FINISH AREA)

- Some Final Rules:

- Wear your day glow and reflective armband on the upper left arm
- Adults – Read and remember your yellow card
- You cannot be caught by people in hi-vis yellow/orange jackets
- Catchers this year will be wearing Orange day-glow
- YOUR LIFE CARD IS THE MOST IMPORTANT THING WITH YOU. YOU MUST LOOK AFTER IT AND KEEP IT DRY. YOU CANNOT WIN WITHOUT IT AND MOST IMPORTANTLY IT HAS THE EMERGENCY NUMBERS ON IT.
- IF THE CARD COMES BACK SOAKING WET AND WE CAN'T READ IT, IT WILL BE CLASSED AS MUTILATED AND YOU WILL BE DISQUALIFIED.